Partnering to Support Your Students’ Success
Our Philosophy
Understanding the College Student Brain
Common Transition Issues

- Adjusting to college life
- Adulting – getting enough sleep, eating well, doing laundry, managing expenses
- Adjusting to college-level classes (and to the fast pace of the quarter system)
- Balancing academics, social life, and personal time
Common Transition Issues

things are starting to hit me now...

Cartoon by Nicolas Kline
Our Goal Is The Same: Student Success
Resource: Revelle College Website

https://revelle.ucsd.edu/
Resource: UCSD COVID-19 Updates

https://returntolearn.ucsd.edu/
Resource: UCSD Parent & Family Programs

https://parents.ucsd.edu/
Resource: Parenting a College Student

Parenting a College Student by Professor Marshall Duke

http://www.youtube.com/watch?v=QRBLuDqqfLI
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